Legacy Place Society is hosting the 2-day ASIST training in Lethbridge on May 6 & 7th. This session will be exclusive to our first responders, front line health care, veterans, and military personnel.

The \$365 per person registration cost is being covered by a grant secured by Legacy Place Society.

ASIST: Applied Suicide Intervention Skills-the world's leading suicide prevention training program https://www.livingworks.net/asist

Attending this 2-day course will train you to intervene with an individual who is thinking about suicide.

It's about keeping a person "Safe For Now".

Applied Suicide Intervention Skills Training (ASIST) is a 2-day interactive workshop in suicide first aid. ASIST teaches participants to recognize when someone may have thoughts of suicide and work with them to create a plan that will support their immediate safety.

Although ASIST is widely used by healthcare providers, participants don't need any formal training to attend the workshop – anyone 18 or older can learn and use the ASIST model. 14 hrs of education credits.

This workshop is not recommended for people who have had a recent suicide loss. Presented by facilitators of:



Lethbridge
May 6 & 7, 2024
Galt Museum
502 1 Street South Lethbridge, AB, T1J 1Y4

Time: 8:30-4:30 (doors open 8 am)

Lunch not provided

To register, email <u>info@legacyplacesociety.com</u> with your desired location, your full name, and the agency you represent. Registration will be first come first serve. We require a minimum of 16 people for the class to proceed.

About Legacy Place: it is an organization formed to provide first responders/public safety personnel with shared knowledge and resources based on best practices and research available. It's mission is to provide confidential and empathetic support that builds resiliency with individuals and families of Law Enforcement, Emergency Medical/Fire Services, 911 Dispatch, Veterans, and Military Personnel. https://legacyplacesociety.com/



Legacy Place Society
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